### 2023 MMSC Last Dance

July 7-9, 2023

Hosted by Mundelein Mustang Swim Club (MMSC)

www.mundeleinmustangswimclub.com

Sanctioned by Wisconsin Swimming

Sanction # WI2023-223S

Meet Director	Entry Chair			
Kyle Smith coachkyle@mustang-swim.com	Kyle Smith PO Box 1017, Mundelein, IL 60060 (219) 405-2010 coachkyle@mustang-swim.com			
Safety Chair	Meet Referee	Admin Official		
Melissa Healy coachmelissa@mustang-swim.com	Steve Fidanze sfidanze@yahoo.com	Amy Bartusch president@mustang-swim.com		

Location: RecPlex Aqua Arena, 9900 Terwall Terrace, Pleasant Prairie WI 53158

Facility:Indoor, 10 lane 50 meter pool with non-turbulent lane lines. Pool depth 7' at the shallow<br/>end and 12' feet at the deep end. Starting blocks are 29.5". CTS Backstroke start wedge<br/>systems may be used. The competition course has been certified in accordance with USA<br/>Swimming Rule 104.2.2C(4).

**Timing System:** Fully automated Colorado timing system.

**MAAPP Policy:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. A registered athlete member at a sanctioned/approved meet who is 18 years of age or older, who had not completed the Athlete Protection Training (APT) by the date of the swim, will not be able to upload into SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

Session	Day	Age Group	Warm-Up Time	Check In Closes	Meet Start Time
1	Friday	All ages	5:00pm	5:20pm	6:00pm
2/4	Sat/Sun AM	13 and Overs and Open	7:30	7:50am	8:30am
3/5	Sat/Sun PM	11-12yr old and 10 and Under	**Not before 1:00pm	20 minutes after warm-up	***60 min after warm-up begins

\*Approximate times: warm-ups will begin immediately after the conclusion of the morning session, but not before noon. All events are Positive Check In. Check In will close 20 minutes after the start of warm-ups. The meet will begin 1 hour after the start of warm-ups.

Eligibility: All swimmers must be current members of USA Swimming. USA swimming deck registrations will not be accepted. A swimmer's age for the meet will be his/her age as of July 7, 2023

# DisabledPlease notify the meet director and meet referee for any special requirements of athletesAthletes:prior to the start of the first session.

- **Coaches:** Coaches must be current members of USA Swimming to be allowed on deck and will be asked to show proof of current registration.
- **Meet Rules:** All USA Swimming Inc. and WI LSC rules apply, including safety rules which will be strictly enforced. Wisconsin Swimming warm-up procedures will be in effect. Feet first three-point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition in accordance with the recent change to policy 4.5.2(a). Teams will be assigned warm up lanes to use as they wish. Violators of the Wisconsin Swimming warm up procedure are subject to disqualification. In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Seeding: All events will be Positive Check in, timed finals. Swimmers not checked in prior to the check in deadline will be scratched from that session. Swimmers will be seeded slowest to fastest. In events of 400m or longer athletes will be seeded fastest to slowest. For seeding purposes, please submit Long Course Meter times. NT's are acceptable. Special seeding procedures will be used for disability athletes. (see USA Rule 202.2.13)

# MMSC reserves the right to seed MMSC athletes in limited events regardless of seed time.

For timeline considerations, meet administration reserves the right to combine 13-14 and open events into a single event, scored separately by age groups.

**Conduct:** All clubs will be responsible for their own swimmers. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. In accordance with the Federal Video Voyeurism Prevention Act of 2004-the use of camera phones or video recording devices in the locker rooms is prohibited. Further, those participants not proficient with a backstroke ledge must start each race from within the water, and without the use of the backstroke ledge.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. This includes any underwater video equipment and or cameras.

Cell phone/camera usage will NOT be allowed behind the starting blocks for any reason.

Locker Rooms on the pool deck will be designated ATHLETE only. Use by coaches,

officials and volunteers is strictly forbidden.

- **Deck Changes:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- **Teams:** This event is open to all USA Swimming sanctioned clubs and members.
- Entries: This is an "open" entry meet. Entries will be accepted as they are received. Entries will only be accepted via email. Entries will open May 15, 2023, at 8:00am and remain open until the meet is full or until June 19, 2023, whichever comes first. Teams must submit hard copies, waivers, and payment within 72hrs of meet acceptance.

Send forms, waiver and payment to: MMSC, PO Box 1017, Mundelein IL 60060

- Entry Fees: Individual events are \$6.00 each. A WI Swimming surcharge of \$4.00 per swimmer entered into individual events must be included with your entry, as well as a \$10.00 per swimmer facility fee. An admission fee of \$11.00 per swimmer will be charged. Please make checks payable to Mundelein Mustang Swim Club.
- **Entry Limit:** Swimmers may enter Two (2) individual events on Friday and Four (4) individual events on Saturday/Sunday.

\*\*Please note that the 800 free will be swum fastest to slowest and may be limited to the top 3 heats if time constraints occur. Timelines and seeding will be available on the host team website the week of the meet. Swimmers in the 800 free will be asked to provide a timer and counter.

Events of 200m or longer may be limited, if needed, to comply with the USA Swimming 4-hour rule.

In the event the meet reaches, or nears capacity, MMSC reserves the right to limit entries in specific sessions affected by these limits.

- **Deck Entries:** Deck entries will **NOT** be accepted to fill open lanes.
- Awards: Ribbons for 1-10th place in all individual events for 10 & under, 11-12. Swimmers in the 13-14 and Open category will not receive awards.
- Admissions: Admission Fee is built into meet fees. No Admission will be charged at the door.
- **Concessions:** Concessions may be available through the Rec Plex
- **Timers:** MMSC will do our best to cover as many lanes as possible. However, some assistance with timing may be needed. If this occurs teams will be notified the Monday or Tuesday before the meet of timing needs.
- **Officials:** There will be a need for officials to help the meet run smoothly. Certified officials should contact Steve Fidanze, <u>SFidanze@yahoo.com</u>.

## 2023 MMSC Last Dance Open Order of Events

Friday Evening Session 1				
Girls	Birls Event			
1	10 and under 200 free	2		
3	11/12 400 free	4		
5	13/14 400 free	6		
7	Open 400 free	8		
9	10 and under 200 IM	10		
11	11/12 400 IM	12		
13	13/14 400 IM	14		
15	Open 400 IM	16		

	Saturday Morning Session 2			Saturday Afternoon Session 3		
Girls	Event	Boys		Girls	Event	Boys
17	13/14 200 IM	18		39	11/12 200 IM	40
19	Open 200 IM	20		41	10 & under 50 Back	42
21	13/14 100 Back	22		43	11/12 100 Back	44
23	Open 100 Back	24		45	10 & under 100 Breast	46
25	13/14 200 Breast	26		47	11/12 50 Breast	48
27	Open 200 Breast	28		49	10 & under 50 Free	50
29	13/14 100 Free	30		51	11/12 100 Free	52
31	Open 100 Free	32		53	10 & under 100 Fly	54
33	13/14 200 Fly	34		55	11/12 50 Fly	56
35	Open 200 Fly	36		57	12 & under 200 Fly	58
37	Open 800 Free**			59	12 & Under 200 Breast	60
	Sunday Morning Session 4			Sunday Afternoon Session 5		
Girls	Event	Boys		Girls Event E		Boys
61	13/14 200 Free	62		83	11/12 200 Free	84
63	Open 200 Free	64		85	10 & under 100 Back	86
65	13/14 200 Back	66		87	11/12 50 Back	88
67	Open 200 Back	68		89	10 & under 100 Free	90
69	13/14 50 Free	70		91	11/12 50 Free	92
71	Open 50 Free	72		93	10 & under 50 Breast	94
73	13/14 100 Breast	74		95	11/12 100 Breast	96
75	Open 100 Breast	76		97	10 & under 50 Fly	98
77	13/14 100 Fly	78		99	11/12 100 Fly	100
79	Open 100 Fly	80		101	12 & under 200 Back	102
	Open 800 Free**	82				

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#### Summary of Entries

Total Number of individual entries	@ 6.00 each =	
Total Number of Swimmers in Meet	@ 4.00 each =	(WI Swimming)
Total Number of Swimmers in Meet	@ 10.00 each =	(Facility Fee)
Total Number of Swimmers in Meet	@ 11.00 each=	(Admission fee)
	Total Meet Fees	=
Please make checks payable to: Munde Mail release form and payment to: Munde	•	ox 1017, Mundelein IL 60060.

Name of Club	Club Code		
Name(s) of coaches attending the meet:			
Club Contact:			
Mailing Address:			
City, State, Zip:			
Contact Phone Number:	Email:		

In consideration of this entry I, intending to be legally bound; hereby co-sign, waive and release all rights and claims for damages which may accrue against USA Swimming, Inc.; Wisconsin Swimming Inc.; Mundelein Mustang Swim Club; the Lakeview Rec Plex, their representatives, employees or successors for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. I attest that all athletes included in this entry and participating in this sanctioned/approved event are duly registered as current athlete members of USA Swimming.

Signature (Coach, Parent or Club Representative) \*\*This waiver must accompany entry.