

MMSC Last Dance Open 2025

July 11-13, 2025

Hosted by Mundelein Mustang Swim Club (MMSC)

www.mundeleinmustangswimclub.com

Held under the sanction of USA Swimming

Sanction # **WI2025-784S**

Meet Director		Entry Chair	
Melissa Healy 847-553-1096 coachmelissa@mustang-swim.com		Chris Bertana 620 W. Fairborn Ln. Round Lake, IL 60073 coachchris@mundeleinmustangswimclub.com 847-204-6997	
Safety Chair		Meet Referee	Admin Official
Caileigh McCafferty cmccafferty12@yahoo.com		Erin Rakickas Erakickas@hotmail.com	Amy Bartusch president@mustang-swim.com

Location: RecPlex Aqua Arena, 9900 Terwall Terrace, Pleasant Prairie WI 53158

Facility: Indoor, 10 lane 50 meter pool with non-turbulent lane lines. Pool depth 7' at the shallow end and 12' feet at the deep end. Starting blocks are 29.5". The meet host will ensure the required course dimensions.

Facility rules: Please keep all trash picked up. Please police your area after each session. No glass articles are allowed on deck. Smoking and the use of tobacco is prohibited inside the RecPlex. Keep out of unauthorized areas. Refrain from flash photography during the race starts. No outside chairs are permitted in the facility.

TimingSystem: A fully automatic Colorado System 6 timing system with manual back-up buttons and back-up watches for each lane.

Image

Authorization: All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.

MAAPP Policy: All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

Session

Information:

Friday PM All ages - 5:00pm Warmup / 6:05pm Meet Start
Saturday & Sunday AM13-14.Open - 8:00am Warmup/9:05 am Meet Start
Saturday & Sunday PM 10 and U/11-12 - *1:00pm Warmup/2:05pm Meet Start
**Approximate times: warm-ups will begin immediately after the conclusion of the morning session, but not before 12:30pm. All events are Positive Check In. Check In will close 20 minutes after the start of warm-ups. The meet will begin 65 min., after the start of warm-ups.*

Eligibility:

All swimmers must be current members of USA Swimming. USA swimming deck registrations will not be accepted. A swimmer's age for the meet will be his/her age as of July 11th, 2025

Disabled

Athletes:

Please notify the meet director and meet referee for any special requirements of athletes prior to the start of the first session.

Coaches:

Coaches must be current members of USA Swimming to be allowed on deck. Coaches must sign in and show proof of current USA Swimming Membership. The official mobile application of USA Swimming is acceptable proof of USA Swimming membership.

Meet Rules:

All USA Swimming Inc. and WI LSC rules apply, including safety rules which will be strictly enforced. Wisconsin Swimming warm-up procedures will be in effect.
In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Warm Up:

Feet first three*point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition in accordance with the recent change to policy 4.5.2(a). Teams will be assigned warm up lanes to use as they wish. Violators of the Wisconsin Swimming warm up procedure are subject to disqualification. Circle swimming only, except in designated lanes and times. No snorkels, kickboards or other training devices are allowed during warm-ups. Teams should plan to do starts, sprint and pace work within their assigned warm-up time. Swimmer(s) without a coach present are to report to the Meet Director prior to warm-ups for lane assignment

Seeding:

All events will be Positive Check in, timed finals. Swimmers not checked in prior to the check in deadline will be scratched from that session. Swimmers will be seeded slowest to fastest. In events of 400m or longer athletes will be seeded fastest to slowest. For seeding purposes, please submit Long Course Meter times. NT's are acceptable. Special seeding procedures will be used for disability athletes. (see USA Rule 202.2.13)
For timeline considerations, meet management reserves the right to combine 13-14 and open events into a single event, scored separately by age groups.

- Conduct:** All clubs will be responsible for their own swimmers. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing area, restrooms, or locker rooms (USAS 202.4.11H)
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.
- Teams:** This event is open to all USA Swimming sanctioned clubs and members.
- Medical Supervision:** There will be a Lifeguard on duty and medical supervision will be available for the athletes. Report injuries to the Lifeguard Staff and Meet Director. First aid kit is located outside of the Lifeguard office. Only authorized Rec Plex staff may administer care using this kit.
- Entries:** Entries will be accepted by the entry chair starting at 8:00am Friday, May 30th, 2025. Entries will only be accepted via email. Entries will be accepted until June 27th, 2025 or the meet is full. Teams must submit hard copies, waivers and payment within 72hrs of meet acceptance.
Send forms, waiver and payment to: MMSC, PO Box 1017, Mundelein IL 60060
- Entry Fees:** Individual events are \$6.00 each. A WI Swimming surcharge of \$4.00 per swimmer entered into individual events must be included with your entry, as well as a \$8.00 per swimmer facility fee. An admission fee of \$14.00 per swimmer will be charged. Please make checks payable to Mundelein Mustang Swim Club.
- Entry Limit:** Swimmers may enter two (2) individual events on Friday and Four (4) individual events on Saturday/Sunday.
Events of 200m or longer may be limited, if needed to comply with the USA Swimming 4-hour rule.
Timelines and seeding will be available on the host team website the week of the meet.
- Deck Entries:** Deck entries may be accepted at the discretion of the Meet Referee and Meet Directors where space allows in existing heats. Deck entries are \$10.00 per individual event. Swimmers not already in the meet must pay the \$14 Admission Fee and \$12.00 WI LSC Splash Fee/ RecPlex Fee, at time of entry. Fees must be paid when deck entering in the Shark Room by cash or check payable to: Mundelein Mustang Swim Club
- Awards:** Ribbons for 1-10th place in all individual events for 10 & under and 11-12. Swimmers in the 13-14 and Open category will not receive awards.
- Admissions:** No on-site admission will be charged for spectators. The meet fees include an admission surcharge of \$14.00 per swimmer. This meet will be operated as a "paperless" meet, except for the required meet operations.

- Heat Sheets:** Heat Sheets will be posted on Meet Mobile, once sign-ins are finalized and meet is seeded.
- Concessions:** Concessions will be available from the facility. No glass containers are permitted on deck.
- Timers:** MMSC will do our best to cover as many lanes as possible. However, some assistance with timing may be needed. If this occurs teams will be notified the Monday or Tuesday before the meet of timing needs.
Swimmers in the 800 free will be asked to provide a timer and counter.
- Officials:** There will be a need for officials to help the meet run smoothly. Certified officials should contact Erin Rakickas Erakickas@hotmail.com. Any assistance that can be provided would greatly be appreciated.
- Parking:** There is plenty of free parking available.

Order of Events

Friday Evening Session 1									
Girls		Event			Boys				
1		10 and under 200 free			2				
3		11/12 400 free			4				
5		13/14 400 free			6				
7		Open 400 free			8				
9		10 and under 200 IM			10				
11		11/12 400 IM			12				
13		13/14 400 IM			14				
15		Open 400 IM			16				
Saturday Morning Session 2					Saturday Afternoon Session 3				
Girls		Event		Boys		Girls	Event		Boys
17		13/14 200 IM		18		39	11/12 200 IM		40
19		Open 200 IM		20		41	10 & under 50 Back		42
21		13/14 100 Back		22		43	11/12 100 Back		44
23		Open 100 Back		24		45	10 & under 100 Breast		46
25		13/14 200 Breast		26		47	11/12 50 Breast		48
27		Open 200 Breast		28		49	10 & under 50 Free		50
29		13/14 100 Free		30		51	11/12 100 Free		52
31		Open 100 Free		32		53	10 & under 100 Fly		54
33		13/14 200 Fly		34		55	11/12 50 Fly		56
35		Open 200 Fly		36		57	12 & under 200 Fly		58
37		Open 800 Free**				59	12 & Under 200 Breast		60
Sunday Morning Session 4					Sunday Afternoon Session 5				
Girls		Event		Boys		Girls	Event		Boys
61		13/14 200 Free		62		83	11/12 200 Free		84
63		Open 200 Free		64		85	10 & under 100 Back		86
65		13/14 200 Back		66		87	11/12 50 Back		88
67		Open 200 Back		68		89	10 & under 100 Free		90
69		13/14 50 Free		70		91	11/12 50 Free		92
71		Open 50 Free		72		93	10 & under 50 Breast		94
73		13/14 100 Breast		74		95	11/12 100 Breast		96
75		Open 100 Breast		76		97	10 & under 50 Fly		98
77		13/14 100 Fly		78		99	11/12 100 Fly		100
79		Open 100 Fly		80		101	12 & under 200 Back		102
		Open 800 Free**		82					

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Summary of Entries

Total Number of individual entries _____ @ \$6.00 each = _\$ _____

Total Number of Swimmers in Meet _____ @ \$4.00 each = _\$ _____ (WI Swimming)

Total Number of Swimmers in Meet _____ @ \$8.00 each = _\$ _____ (Facility Fee)

Total Number of Swimmers in Meet _____ @ \$14.00 each = _\$ _____ (Admission)

Total Meet Fees = _\$ _____

Please make checks payable to: Mundelein Mustang Swim Club.

Mail release form and payment to:

Mundelein Mustang Swim Club, 620 W. Fairborn Ln., Round Lake, IL 60073

Name of Club _____ Club Code _____

Name(s) of coaches attending the meet: _____

Club Contact: _____

Mailing Address: _____

City, State, Zip: _____

Contact Phone Number: _____ Email: _____

In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Wisconsin Swimming, Inc., and their representative Mundelein Mustang Swim Club, Rec Plex and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature (Coach, Parent or Club Representative) **This waiver must accompany entry.
